



The First Accurate Mapping of the Energy Body

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THE PSYCHOLOGY OF THE BODY

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THE PSYCHOLOGY OF THE BODY BY KEVIN FARROW

The First Accurate Energy Mapping of the Body is this book's very apt subtitle. Kevin Farrow demonstrates a clear, practical understanding of the subtle pathways and energy centres of the body, and how they are used in his clinical work. The authors' expertise in accessing and working with these non-physical but palpable aspects of being give fresh credence to statements such as “..emotions can adversely or positively affect the body..”

This is a fascinating read that clarifies the relationship of different interpretations of these subtle fields- exactly how meridians, tan-tiens (from Taoist tradition), chakras (from Yogic tradition), sephiroth (from Kabbalah) interact in the body, and how the skilled practitioner might best use this understanding. Beautifully illustrated throughout, *The Psychology of the Body* is a landmark text for anyone working with the interplay of emotion and well being.

RRP\$130 ISBN 978-0-9804623-0-2 www.acuenergetics.com.au