

# OSHO Humaniversity

SCHOOL FOR MASTERS

Osho Humaniversity is an international center for personal growth, therapy, spirituality, professional development, and the training of therapists. It was founded in 1978 by Veeresh D. Yuson-Sánchez, and is based in Egmond aan Zee, on the North Sea coast in the Netherlands. The philosophical aim of the Osho Humaniversity is 'Working with People for a Better World'; a goal which the institute teaches by providing extensive and intensive experiential education – the combination of emotional awareness and wisdom, and objective, practical information. This takes place in a dynamic communal-living environment with a high level of social interaction. The Osho Humaniversity has several affiliated centers throughout the world, including UK, Sweden, Italy, Canada, and Israel.



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## The First AcuEnergetics® Training in Europe

With the Founder Nivedana K. Farrow



# AcuEnergetics® Training

17 - 25 June 2010

Accurate

Energy

Medicine

OSHO  
Humaniversity  
SCHOOL FOR MASTERS



# AcuEnergetics® Training Levels 1 & 2

A unique and accurate approach to the treatment of illness in the body

*"If you wish to see why your body is the way it is ~ look at how you've been thinking for the past 10 years. If you wish to see how your body will be in 10 years time ~ look at how you are thinking now." Buddha 550 BC*



In June 2010 the first AcuEnergetics Training in Europe will be held at the Osho Humaniversity. Nivedana, the founder and a team of assisting practitioners and assistants are coming from the AcuEnergetics School in Australia. You will learn to feel energy in yourself and others, release deep core attitudes that can stand in the way of fully living your life, give and receive the profoundly transformative AcuEnergetics Wellness Balances and gain an understanding of the structure of the energy body.

AcuEnergetics is a modern healing modality that integrates Chinese, Judaic, Indian and Western healing traditions into an accurate energy medicine. It is one of the most clinically effective energetic healing methods available today. Thousands of people have been successfully treated for a variety of complaints, many of whom have had no success with Western medicine.

AcuEnergetics was developed by Nivedana through thirty years of study and experience. It is based on an accurate mapping of the energetic body, demonstrating the connection between meridians, chakras, acupoints and channels that are the foundation of all treatment modalities. It helps people release holding patterns stemming from attitudes or past trauma that can lead to illness.

*"It's not that everything that exists has fields of energy. It's that everything that exists is fields of energy."*

Nivedana K. Farrow



Nivedana K. Farrow Practicing giving Balances

## AcuEnergetics® Level 1: Skills for Living

In the first part of the training you will learn about the connection between illness, your body, mind and emotions and how to open up to feel energy, both in yourself and others. You will learn skills to bring more joy, love and energy into your life. This is a journey of self-discovery through the heart.

Learn and experience:

- simple, profound and deep meditations to still the mind and open the heart
- how to feel your own and other people's energy centers

- to give a wellness Balance for opening the Circulation of the Light – this powerful balance strengthens the immune system and is profoundly relaxing
- Releasework – letting go held emotions which close us to life and cause illness.
- how to open your energetic field and balance another person's
- First Gate energetic opening technique
- a basic introduction to the physiology and anatomy of the energy body
- radiance, resonance and magnetic hand techniques for healing illness

## AcuEnergetics® Level 2: Inner Alchemy ~ Treating Yourself and Others

Level 2 of this training builds on the basic treatment methodologies of Level 1 and introduces AcuEnergetics Chakra Balancing and entrainment. You will learn four new AcuEnergetics Wellness Balances as well as how to direct your attention to awaken core energy centers in the body.

Learn and experience:

- to deepen your meditation
- Learn more of the energetic anatomy and how to open energy pathways
- Second Gate energetic opening technique - to increase your sensitivity to energy
- to open your energetic center and entrain others
- the second stage of Releasework
- to give a Sacral Wellness Balance clearing pain and holding from legs
- to give a Chakra Wellness Balance
- to give a Thrusting Channels Balance (for energy)
- to open the energetic Wind Gates of the body (aids digestion)
- to open more of the pathways of the energy body
- an ancient Sephiroth meditation used for opening the Light Body



Punita James is treating at the Osho Humaniversity

The training is open to everyone, from people interested in self development, meditation, stilling the mind, opening their hearts and healing themselves to people looking to learn more about the energetic system, healing others and starting a training in a new career.

Read more about AcuEnergetics on [www.acuenergetics.com](http://www.acuenergetics.com)

*"I'm extremely happy that Kevin and his practitioners are bringing their unique work to the Humaniversity. After having experienced over 30 sessions, my life has changed beyond my expectations; I feel I have a new body and my work has expanded into new positive dimensions. I strongly recommend this training to everyone, especially bodyworkers." Veeresh*

**Fee: € 1500 without food & accommodation**

**Discounted fee, if booked and paid before:**

<b>18 February</b>	€ 1200
<b>18 April</b>	€ 1350
<b>18 May</b>	€ 1425

Food & accommodation (dormitory style):

Incl. 2 hours per day work in the community € 400

No community work € 600

**For reservations contact our booking office:  
[info@humaniversity.nl](mailto:info@humaniversity.nl)**

[www.humaniversity.com](http://www.humaniversity.com)